



Community Wellness Hour

Come celebrate the end of season harvest with us featuring mint from Neighborhood Foods Farm in West Philly!

Join us for an evening of resilience building on the holistic uses of mint, and highlights from our season. Our Community Wellness Hour will feature several local Black and POC practitioners that will guide us in live skill-shares and wellness practices.



Sharifa Bryan
(she/her)

IG: @agenossweetthings
FB: /agenossweetthings

Peppermint as a Spiritual Ally



Sherimane Johnson
(she/her)

IG: @sweetbaker
FB: /naturalsweetsbaker

Mint Inspired Dish Demo



Hibah Rahmani
(they/them)

IG: @tattooed_rani

Mint Infused Cocktail Demo

11.14.2020
6:00 pm - 7:30 pm
via Zoom

\$25 - raffle ticket included
\$30 - raffle ticket and dried mint from NFF included

This event is also serving as our yearly fundraiser! Can't make it but want to support? Scan here:

